

Radio Frequency Microneedling

What benefits does Radio Frequency Microneedling have for your skin?

Microneedling has a number of benefits for your skin. The main aim of the treatment is to generate collagen so that your skin feels tighter, smoother and softer. After treatment, you will see a smoothing of visible fine lines and a reduction in the appearance of pores for fresh, bright and tight skin.

How does Radio Frequency Microneedling work for skin rejuvenation?

Ultra-fine needles penetrate the skin to different depths whilst simultaneously releasing radio frequency (RF) energy to heat the skin in a controlled manner. This stimulates a wound healing response which leads to the production of new collagen and elastin.

What are the benefits of combining Radio Frequency and Microneedling?

Practitioners have seen much quicker treatment results when combining radio frequency and microneedling. For deep wrinkles, results can be achieved in half the time compared to single, standalone technologies.

How many sessions will I need?

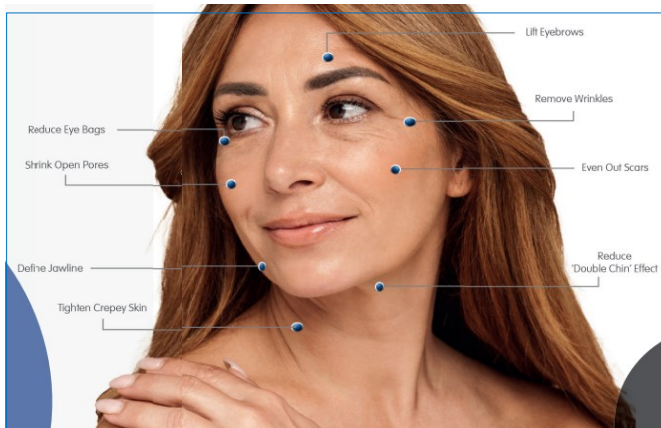
Results can be seen after just one session. However, a minimum of 2 and up to 6 treatments, at 4-week intervals, deliver the best results, depending on the skin concern.

What results should I expect?

Most patients see an improvement 2 to 3 weeks after the first treatment. Results are natural and get better over time, peaking at 12 weeks following the final treatment.

Will there be downtime?

There is virtually no downtime. A slight swelling and redness are present immediately post-treatment but should subside quickly.



High Intensity Focused Ultrasound [HIFU]

What is High Intensity Focused Ultrasound (HIFU)?

HIFU stands for 'High Intensity Focused Ultrasound' and is a non-surgical treatment that uses ultrasound to lift, firm and tighten the skin.

How does HIFU work?

HIFU deposits focused ultrasound energy below the surface of the skin, contracting all skin layers in just one treatment!

This stimulates the creation of new collagen in the area. HIFU is highly effective in firming, tightening and lifting the facial skin and reducing excess skin on the body.

How does HIFU stimulate collagen?

Collagen is a natural protein that gives skin its youthfulness by keeping it firm, tight and lifted. As we age, collagen loses its structure and its ability to stand up to the effects of gravity. HIFU kickstarts the repair process and helps the skin to produce fresh, strong collagen.

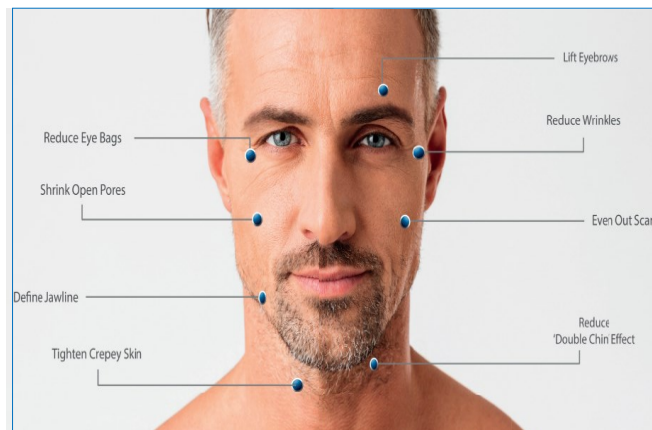
Is there any downtime with a HIFU treatment?

Due to the non-invasive nature of HIFU treatments, there is virtually no downtime. You may experience slight redness following the treatment, and a small percentage of our clients do experience minor swelling, tingling or tenderness. These symptoms are mild and temporary.

You'll be able to return to your normal activities straight away, and there are no special recovery measures needed. This is why HIFU has earned the name the "lunchtime face lift".

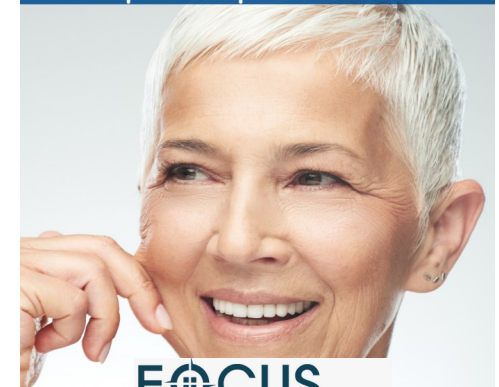
How long until I see results from HIFU?

Some clients do see immediate initial effects; however, the ultimate lifting, firming and tightening results will take place over the following 2 to 3 months. During this time, older collagen structures are replaced by new, stronger supplies of collagen. As the collagen-building process continues, you may see further improvements up to 6 months after the final procedure.



THE Health & Beauty CLINIC
Est. 1990

LIFT | FIRM | TIGHTEN



FOCUS DUAL

Treatment Options

- Non surgical face lifting
- Skin Tightening and lifting
- Eyebrow lift and reduce eyebags
 - Wrinkle reduction
 - Jawline sculpting
- Double chin reduction
- Crepe Skin on chest and hands

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Radiofrequency Micro-needling

RF Micro needling is applied directly into the deep skin layer to apply radiofrequency energy, which is effective for improving skin elasticity, wrinkles, acne and scarring, as well as lifting the skin.

24-48 hr skin recovery time

Preventative ageing treatment for **WOMEN & MEN**

Suitable for Wrinkle reduction, Acne, Scarring, Improved skin tone, Texture, Stretch Marks, Bags under eyes, Mouth Creases

Area	Treatment
Eye areas & Forehead Also men with beards	£275.00
Hands	£195.00
Cheeks, mouth and jawline	£275.00
Neck and Jawline	£275.00
Full Face	£395.00
Full Face, neck and hands	£495.00
Acne / Surgical / Other Scarring	Price on review

- Targeted areas or full face and neck.
- Perfect for him and her.
- Can be treated every 4 weeks.
- Courses of 3 discounted.
- Perfect when combined with HIFU.

Call us on T: 01229 834744

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Michelle established the clinic in 1990 and we have been at the forefront of bringing new treatments and technology to South Cumbria.

Book a consultation to learn more.



Before

After

High Intensity Focused Ultrasound [HIFU]

HIFU (High Intensity Focused Ultrasound) procedure forms a coagulation point producing temperatures of 65-80deg in the skin to immediately contract the SMAS layer (fascia) to lift the skin.

Minimal skin recover time

Preventative ageing treatment for **WOMEN & MEN**

Jawline Lift, Eyebrow Lift, Double Chin lift, Neck Tightening [crepe effect].

Area	Treatment
Eye & Forehead Lift Also men with beards	£295.00
Neck lift	£395.00
Full Face	£595.00
Full Face & Neck	£749.00
Cheeks and Neck	£459.00

- Targeted areas or full face and neck.
- Perfect for him and her.
- Non Surgical short recovery time.
- Improvements continue for 12 weeks.
- Yearly booster recommended to maintain lift .
- Perfect to combine with micro needling for the complete lift, firm and tightening.
- Perfect when combined with micro-needling.
- 2 to 3 required over 6 months.